



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

**NATIONAL  
SENIOR CERTIFICATE**

**GRADE 12**

**ENGLISH FIRST ADDITIONAL LANGUAGE P1**

**NOVEMBER 2019**

**MARKS: 80**

**TIME: 2 hours**

**This question paper consists of 13 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of THREE sections:  
  
SECTION A: Comprehension (30)  
SECTION B: Summary (10)  
SECTION C: Language (40)
2. Answer ALL the questions.
3. Read ALL the instructions carefully.
4. Start EACH section on a NEW page.
5. Leave a line after each answer.
6. Number the answers correctly according to the numbering system used in this question paper.
7. For multiple-choice questions, write only the letter (A–D) next to the question number in the ANSWER BOOK.
8. Pay special attention to spelling and sentence construction.
9. Use the following time frame as a guideline:  
  
SECTION A: 50 minutes  
SECTION B: 20 minutes  
SECTION C: 50 minutes
10. Write neatly and legibly.

**SECTION A: COMPREHENSION****QUESTION 1**

Read BOTH TEXT A and TEXT B and answer the set questions.

**TEXT A****GET CREATIVE, GET BETTER**

- 1 We undertake creative activities such as drawing, painting, writing, acting or dancing because we enjoy them. We know that creativity is good for us and our creative passions make us happy. However, what do scientists have to say about the benefits of creativity?
- 2 Some people pursue creative activities as a hobby and some do it for a living. However, no matter what road we have taken to release our imagination and need for free self-expression, it is clear that making things is part of being human. 5
- 3 People have been creative since prehistoric times. More than 39 900 years ago our ancestors left some of their first marks on the walls of caves. These include the outlines of their hands and simple drawings of animals. We could go as far as to say that our need to create things is in our blood. This has served us well over the course of time, as we have learned to create tools, build shelters, cook food and make medicines. 10
- 4 Drawing, painting or shaping objects from clay has been scientifically proven to help people deal with different kinds of trauma. 'Art helps people express experiences that are too difficult to put into words,' say Heather L Stuckey and Jeremy Nobel in an article entitled, 'The Connection Between Art, Healing and Public Health'. This article further states, 'Artistic self-expression might contribute to our mental well-being.' 15  
20
- 5 A number of studies have also found that expressive writing can help people to overcome trauma and manage negative emotions. This type of writing allows people to come to terms with negative situations that cannot be changed. Expressing one's feelings through writing creates emotional healing for events that have left permanent scars – such as serious illness, the death of a loved one or a violent experience. 25
- 6 Expressive writing does not just help with trauma and negative emotions, but can also lead to an increased sense of psychological well-being. This can be achieved by asking people to write about positive experiences and about being the person they want to be in the future. 30
- 7 Research has also shown that writing can help with learning and memorisation. However, you cannot take a shortcut and type the ideas you want to remember, as this would not help you. Researchers say that you have to be old-fashioned and put pen to paper.

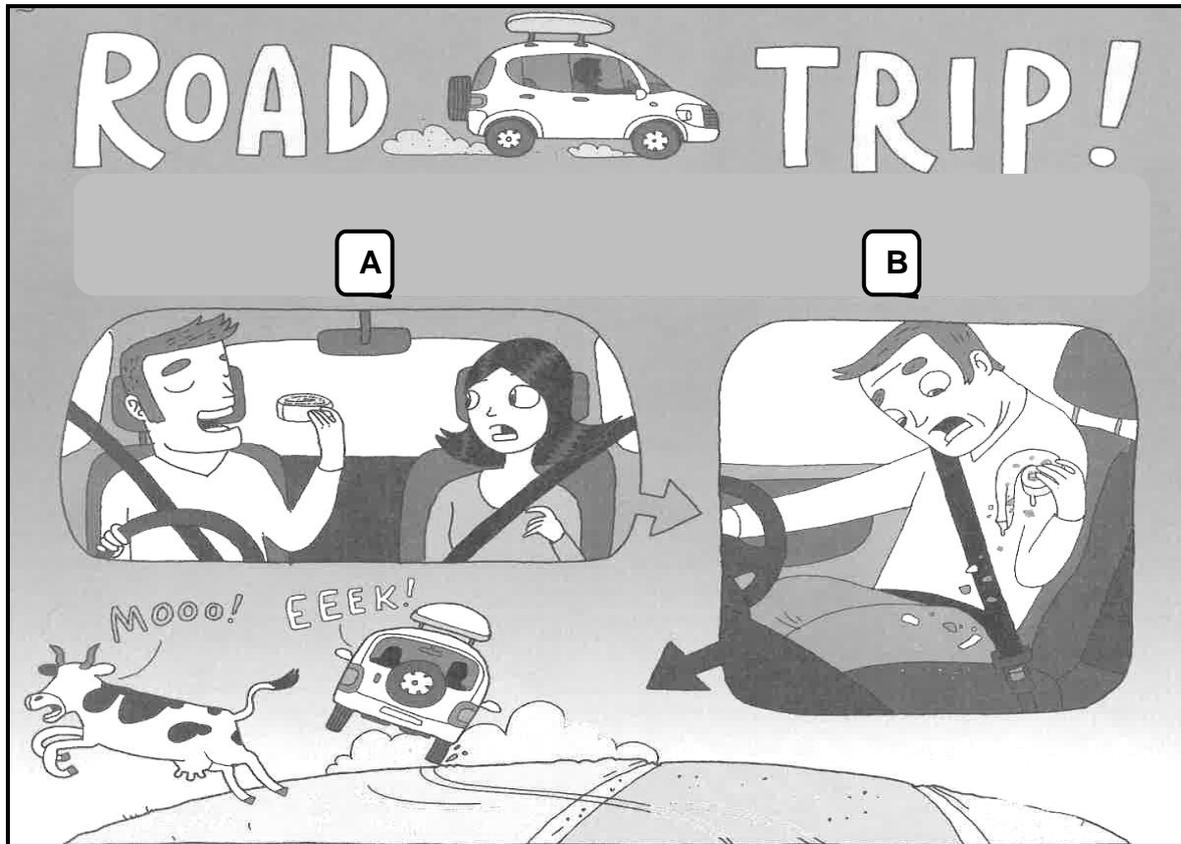
8	One of the findings of a study carried out by Stuckey and Nobel is that writing also helps with chronic pain management. People who had experienced such pain had improved pain control after expressing their feelings in writing.	35
9	Another form of therapy is music. Music affects our brain in complex ways, stimulating the body and controlling our response to stressful factors or situations. Making music can have a significant impact on how well different areas of our brain communicate with each other. According to Stuckey and Nobel, playing a musical instrument, singing or listening to music can improve your immune system.	40
10	Creative expression through movement brings its own set of benefits to one's well-being. Dancing helps to improve shoulder function in breast cancer survivors and it has a positive impact on their body image. Moreover, dancing can be a fun way of staying or becoming fit. Recent studies have shown that Zumba, an intense dance-exercise programme, can improve blood pressure, while previous studies linked aerobic dance to better weight management. Hip hop and aerobic dancing can improve psychological moods and they can also lower levels of fatigue.	45 50
11	It is evident that being creative brings order to our mental and physical states, benefitting our overall well-being. Why not take advantage of this and welcome more creativity into our lives?	

[Adapted from [www.medicalnewstoday.com](http://www.medicalnewstoday.com), 2018]

- 1.1 Refer to paragraph 1.
- State ONE benefit of being creative. (1)
- 1.2 Refer to paragraph 2.
- 1.2.1 Explain the difference between doing something 'as a hobby' and doing something 'for a living'. (2)
- 1.2.2 What does the writer mean by 'release our imagination'? (2)
- 1.3 Refer to paragraph 3.
- 1.3.1 Why does the writer refer to 'prehistoric times'? (2)
- 1.3.2 Using your OWN words, explain what is meant by 'is in our blood'. (1)
- 1.4 Refer to paragraph 4.
- 1.4.1 Quote a SINGLE word which has the same meaning as 'distress'. (1)
- 1.4.2 Name TWO activities that can assist in emotional healing. (2)

- 1.5 Refer to paragraphs 6–8.  
Explain why the following statement is FALSE:  
Studies have found that expressive writing can be used only to manage traumatic experiences. (2)
- 1.6 Why does the writer consider putting 'pen to paper' to be 'old-fashioned' (line 34)? (2)
- 1.7 Choose the correct answer to complete the following sentence.  
Chronic pain (paragraph 8) refers to ... pain.  
A temporary  
B prolonged  
C severe  
D slight (1)
- 1.8 Refer to paragraph 10.  
Explain how breast cancer survivors benefit from dancing. (2)
- 1.9 According to the passage, what types of dance can one perform to reduce feelings of tiredness? (2)
- 1.10 Discuss whether the writer's reference to various studies makes the passage more convincing. (2)
- 1.11 Discuss the suitability of the title, 'GET CREATIVE, GET BETTER'. (2)

**TEXT B**



[Adapted from *Fresh Living*, June 2018]

- 1.12 Refer to picture **A** in TEXT B.  
How do you know that the man and the woman are in a vehicle? Give TWO points. (2)
- 1.13 How does the man's body language in picture **B** in TEXT B convey that he is shocked? (2)
- 1.14 Discuss whether TEXT B as a whole conveys an important message. (2)

**TOTAL SECTION A: 30**

**SECTION B: SUMMARY****QUESTION 2**

A good night's sleep is necessary for good health.

Read TEXT C below and list SEVEN points on **how to get a good night's sleep**.

**INSTRUCTIONS**

1. Your summary must be written in point form.
2. List your SEVEN points in full sentences, using no more than 70 words.
3. Number your sentences from 1 to 7.
4. Write only ONE point per sentence.
5. Use your OWN words as far as possible.
6. Indicate the total number of words you have used in brackets at the end of your summary.

**TEXT C****GETTING A GOOD NIGHT'S SLEEP**

According to psychologist, Richard Wiseman, sleeplessness affects up to one in three people. He offers ways in which you can enjoy a good night's sleep.

When your eyes are exposed to blue light, especially from screens, your brain produces less of the sleep-inducing hormone melatonin. Therefore, refrain from using devices like smartphones before bed.

Bathing or showering raises your body temperature. Immediately thereafter, your body temperature will drop sending a signal to your brain that you are ready to sleep.

Worrying about a problem or what you need to do the next day can cause sleeplessness. Keep a notepad and, before sleeping, make a list of what is on your mind or a list of things to do.

Beverages that contain caffeine can prevent you from falling asleep. Do not consume caffeinated drinks before bedtime.

If you are not tired, you may have trouble falling asleep. Fool your body into thinking that you are tired by letting your eyes droop and your arms and legs feel heavy.

When you experience difficulty falling asleep, choose calming music and fall asleep with it playing softly in the background. Over time, your brain will associate the music with sleep.

Anxiety can cause you to lie awake. Taking deep breaths will relax you and make you sleep.

If you are awake for more than twenty minutes during the night, get out of bed and engage in a less demanding activity, such as colouring a book. This will assist you to sleep when you go back to bed.

[Adapted from <https://www.theguardian.com/lifeandstyle/2016/jan/31/12-rules-good-nights>]

**TOTAL SECTION B: 10**

**SECTION C: LANGUAGE**

**QUESTION 3: ANALYSING AN ADVERTISEMENT**

Study the advertisement (TEXT D) below and answer the set questions.

**TEXT D**



[Adapted from *Fresh Living*, June 2018]

- 3.1 Who is the target audience in this advertisement? (1)
- 3.2 Refer to the headline.  
Why does the advertiser use a visual instead of the letter 'u' in the word 'your'? (2)
- 3.3 How do the visuals below the headline support the message of this advertisement? (2)
- 3.4 Write the word 'who've' in full. (1)
- 3.5 Why is Kellogg's a well-established brand according to this advertisement? (1)
- 3.6 Why has the advertiser included the Facebook logo, , in this advertisement? (1)
- 3.7 Does this advertisement succeed in convincing the reader to purchase the advertised product? Substantiate your answer. (2)
- [10]**

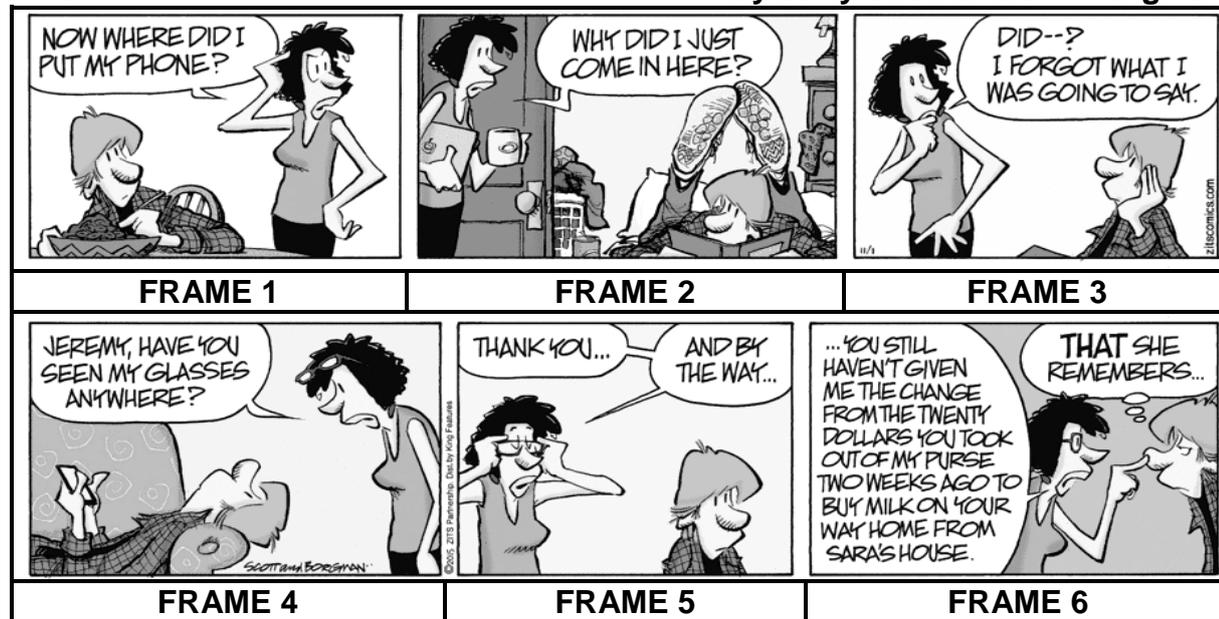
**QUESTION 4: ANALYSING A CARTOON**

Read the cartoon (TEXT E) below and answer the set questions.

**TEXT E**

**ZITS**

by Jerry Scott and Jim Borgman



[Adapted from [www.google.com](http://www.google.com)]

**NOTE:** In this cartoon, the boy's name is Jeremy Duncan and the woman is his mother, Connie Duncan.

- 4.1 Describe the woman's body language in FRAME 1. (2)
- 4.2 What is Jeremy doing in FRAME 2? (1)
- 4.3 Which ONE of the following words best describes the woman's state of mind in FRAMES 1–5? (1)
  - A Forgetful
  - B Decisive
  - C Attentive
  - D Careful
- 4.4 Suggest TWO reasons for Jeremy's silence in this cartoon. (2)
- 4.5 Explain how the woman's action in FRAME 5 is in contrast to her action in FRAME 4. Refer to the visual aspect ONLY. (2)
- 4.6 Do you think the cartoonist succeeds in creating humour in FRAME 6? Substantiate your answer. (2)

**[10]**

**QUESTION 5: LANGUAGE AND EDITING SKILLS**

- 5.1 Read the passage (TEXT F) below, which has some deliberate errors, and answer the set questions.

**TEXT F**

<b>THE LIBRARY FOUNDATION</b>		
1	During 2012, a wellknown company founded a container library project. This project commenced in January. The first of the originally ten planned libraries were donated to a primary school in Tembisa.	
2	The project was a huge success and was subsequently increased to 50 libraries. The company pledged the container libraries to the Department of Basic Education (DBE). To date, all 50 libraries have been donated in schools across South Africa.	5
3	The libraries – worth approximately R500 000 each – are constructed from refurbished shipping containers that are equipped with solar panels capable of powering computers and lights. Each library contains 3 000 brand new books.	10
4	Chief Executive Officer, Frik Rademan, believes that dedication and commitment in developing literacy in our schools are very important. 'It is not only the responsibility of partners and sponsors but, most importantly, it rests with the worthy recipients of our prized libraries.'	15
5	Rademan said, 'Education is a societal issue and the container library project will have a long-lasting positive impact on the lives of thousands of young learners.'	

[Adapted from *Public Sector Manager*, July 2018]

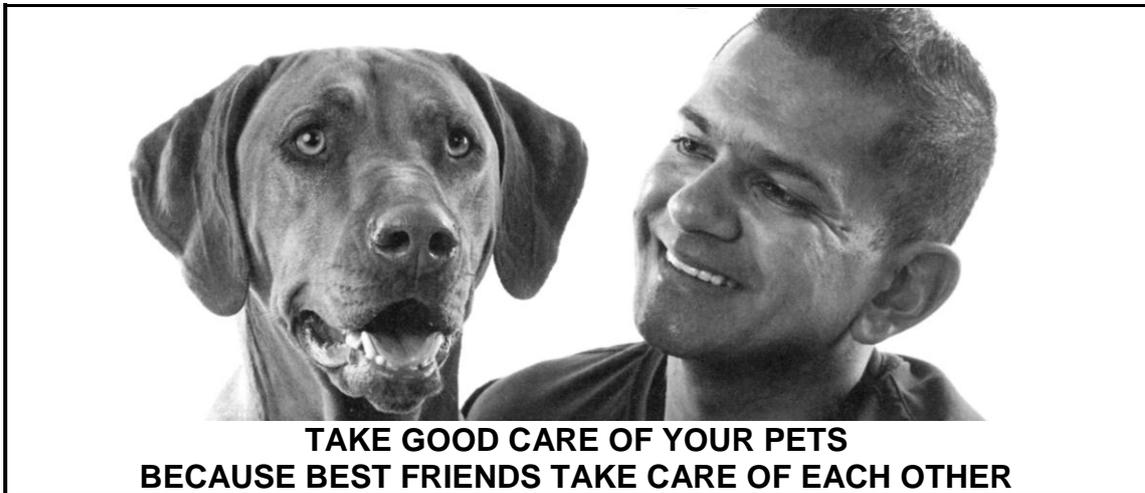
- 5.1.1 Correct the SINGLE error in EACH of the following sentences. Write down ONLY the question numbers and the words you have corrected.

- (a) During 2012, a wellknown company founded a container library project. (1)
- (b) The first of originally ten planned libraries were donated to a primary school in Tembisa. (1)
- (c) The project was a huge success and was subsequently increased to 50 libraries. (1)
- (d) To date, all 50 libraries have been donated in schools across South Africa. (1)

- 5.1.2 Give the antonym of the underlined word in the following sentence:  
This project commenced in January. (1)
- 5.1.3 Rewrite the following sentence in the passive voice:  
The company pledged the container libraries to the Department of Basic Education. (2)
- 5.1.4 Rewrite the following sentence in the negative form:  
Each library contains 3 000 brand new books. (1)
- 5.1.5 Rewrite the following sentence in the future tense:  
Container libraries are equipped with solar panels. (1)
- 5.1.6 Provide an acronym for the underlined words in the following sentence.  
Chief Executive Officer, Frik Rademan, believes that dedication and commitment are very important. (1)
- 5.1.7 Rewrite the following sentence in reported speech:  
Rademan said, 'The container library project will have a long-lasting positive impact on the lives of thousands of young learners.' (3)
- 5.1.8 Combine the following sentences into a single sentence:  
Each library has brand new books.  
Learners enjoy reading brand new books. (1)

5.2 Study the text (TEXT G) below and answer the questions.

**TEXT G**



[Source: *Fresh Living*, September 2018]

- 5.2.1 Complete the following tag question. Write down only the missing words.  
Best friends take care of each other, ...? (1)
- 5.2.2 Study the following sentence:  
Dogs are very protective of their owners.  
State the part of speech of EACH of the underlined words as used in the context of this sentence. (2)
- 5.2.3 Give the singular form of the underlined word in the following sentence:  
There are many dogs in our communities. (1)
- 5.2.4 Give the correct degree of comparison in the following sentence:  
Thandi's dog barks (loud) than Tebogo's pup. (1)
- 5.2.5 Study the following sentence:  
My neighbour's dogs bark at the passing cars.  
Use a homonym for the word bark in a sentence of your own. (1)  
[20]

**TOTAL SECTION C: 40  
GRAND TOTAL: 80**